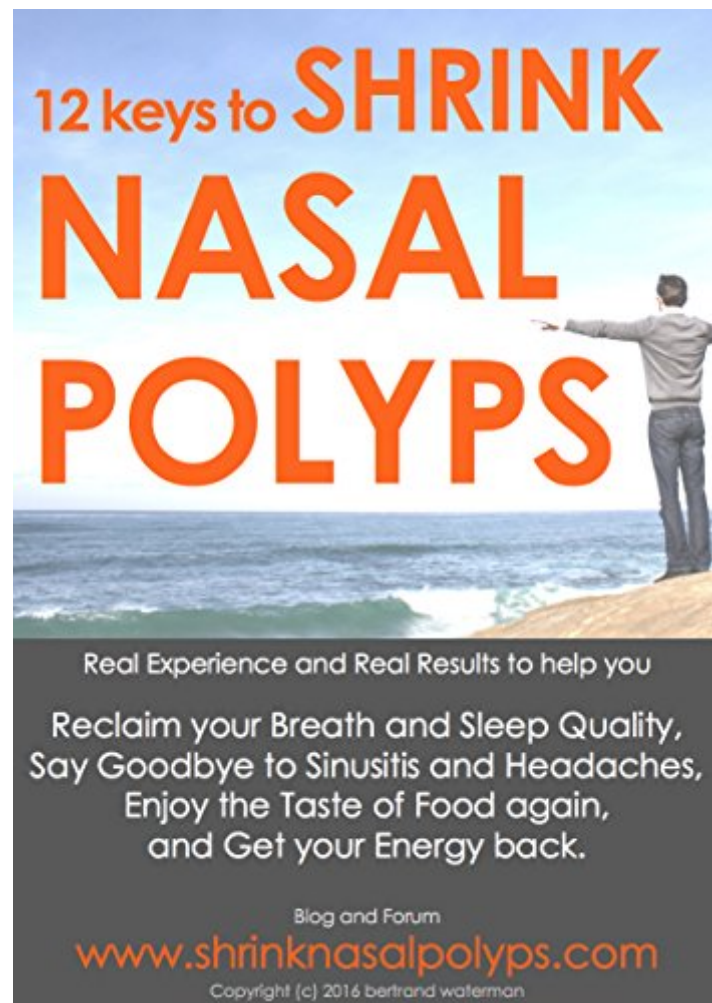




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# 12 Keys To SHRINK Nasal Polyps: Real Experience, Real Results.



## Synopsis

It was 10 years ago. I have a sinus scanner. I am standing next to the machine in the dark and, without my glasses, I do not see much. He approached me and I can't barely see his face. This is the Radiologist. And he told me: "You have polyps in all sinus, sphenoid even! Do not go for another surgery, it can turn into a disaster. Well, you see your doctor next? ". And he leave without waiting for my answer ... I exit the room overwhelmed. My life is already not that easy with a very demanding job and young kids, and I am so much tired everyday. I am 37 years old and I feel like 70! At least now I know why, and this is bad news: I have nasal polyps back in all 4 pairs of sinus in stage 4. And I thought that I got rid of them 6 years ago with a surgery...10 years later, I'm so glad I did not had another surgery, and found other solutions. In the method 12 Keys to SHRINK nasal polyps, this is Real Experience for Real Results. You will learn everything I did to get out of nasal polyps and resume a normal life without resorting to a second surgery. In three hours, you will learn much more than 12 months wandering on the net. Decrease your Polyps Quickly Reclaim your Breath and sleep quality Say Goodbye to Sinusitis and Headaches Enjoy the Taste of Food again Get your Energy and Joy back The Solution is Here. Get Started, Take Action, and Get Better.

## Book Information

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## Customer Reviews

First of all, congratulations to Bertrand for having had the courage to write this book and to let others benefit from it. A Big Thank You to him. This book has become my bedside book. I regularly re-read a paragraph because it's important if one wants to fully benefit from it and not forget anything. I can attest to the fact that everything he writes about « polyposis » is true but I didn't know everything, and this book has given me valuable advice and reassured me about my ideas. The sulfite problem that I'm referring to is very important, I know. If you are committed to living by Bertrand's advice, YOU SHOULD PERSEVERE and not give up when it's going well because every time you start again, you begin at zero. You need time to get better but relapsing can happen quickly and Bertrand is adamant about this. Champagne and wine whenever you want it and great food over the weekend is enough to ruin everything. I should have read this book before.. but at least now I know.

As a recently diagnosed Samters Triad patient I have been actively researching ways to improve my health. I found some new insights in this book such as nasal cleaning techniques and potential sulphite reactions. However what left me underwhelmed was the absence of any content on aspirin sensitivity. The research is well established as well as the treatment. My recommendation is to add this as a chapter in your otherwise interesting book.

Well written. I've suffered from this condition for years and like the author had polyps removed and really don't want to repeat the process. What he says makes a lot of sense. I'm encouraged ordering a few of the things that the author recommends (cheaper than surgery) since trying just 2 of the simple things he suggested helped.

If you often have sinus infections or sinus headache, chances you have nasal polyps and this is not an easy thing to deal with. This book not only explains the problem and the underlying challenges but also gives real keys to enhance your life despite this chronic disease. I myself have been struggling for the last 6 years and I have seen significant improvements as a result of following the advices set forth by the author.

This book was very informative. I learned things that were never discussed from my doctors. I would recommend this book to anyone suffering from nasal polyps.

Very interesting book and good source of knowledge for sick people. A must have for sufferers!

Great book with great information. Also, author was very responsive to questions. Highly recommend

If you suffer from nasal polyps you know there is no long time cure but this book gives you the information on how to attack and control them. Many sufferers have numerous surgeries and the author explains why this is a short term solution a quick fix that doesn't last very long. It is well written, easy to read and has numerous pictures of products that you can purchase at the drug store. Read this book and you will have gained valuable knowledge on different solutions that might work for you.

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